

Neighborhood and Family Preparedness Plan

These are not in any particular order. You should never spend a huge amount of money or time on any of these.

Take a CERT training course

- Learn how to **take care of yourself and family** during a disaster
- Hold family drills
- Find out who your **block captain** is
- Learn where to go, if you need to evacuate
- Locate an **out-of-state contact**

Get your ham radio license

- Study and pass the exam
- Get on the air and **get good at it**
- Install a good antenna and get a good radio and good battery
- Learn what frequencies you should use

Build your supplies

- Start with a simple **72-hour kit**
- Food, water, first-aid, TP, clothing, shelter, light, storage, hygiene, medical, other
- Backpack, **wagon**

Teach it to others

- Share** what you know, without preaching
- Make yourself available for information

Emergency Steps

1. Use your head – stay calm
2. Check yourself for injuries
3. Check household members for injuries
4. Call 911
5. Check your place for damage (gas, structure, electric wires, water, glass)
6. Notify your Block Captain
7. Grab your go-kit and 72-hour kit
8. Gather your family and leave
9. Check your neighbors for injuries
10. Go to your assignment or shelter
11. Inform your out-of-state contact
12. Set up your radio and check in
13. Adjust these steps to suit the incident