

FRS / GMRS (Walkie-Talkie) Frequencies

Channel	Frequency (MHz)	Without GMRS License	With GMRS License
1	462.5625	2 W	5 W
2	462.5875	2 W	5 W
3	462.6125	2 W	5 W
4	462.6375	2 W	5 W
5	462.6625	2 W	5 W
6	462.6875	2 W	5 W
7	462.7125	2 W	5 W
8	467.5625	500 mW	500 mW
9	467.5875	500 mW	500 mW
10	467.6125	500 mW	500 mW
11	467.6375	500 mW	500 mW
12	467.6625	500 mW	500 mW
13	467.6875	500 mW	500 mW
14	467.7125	500 mW	500 mW
15	462.5500	2 W	50 W
16	462.5750	2 W	50 W
17	462.6000	2 W	50 W
18	462.6250	2 W	50 W
19	462.6500	2 W	50 W
20	462.6750	2 W	50 W
21	462.7000	2 W	50 W
22	462.7250	2 W	50 W